

Guidelines for Making Pillow Covers

General Information:

Pillow forms are provided by Spectrum Health Hospice and Palliative Care.

The forms are 18" x 18" square.

Pillow Cover Front – may be in any design

Pillow Cover Back – Please use coordinating fabric with an overlapping fold over in the middle.

Each pillow will have a label with the seamstress/quilter's signature (first name only). We will provide you with SHH fabric labels. Sign your first name on this label using a ball-point pen.

Labels will be available at WMQG meetings or contact Beth at 616-893-4389 or

bhoppe75@gmail.com for labels.

Directions

Fabric: 100% Cotton with no raised buttons or other add-ons that would be uncomfortable next to the patient's face

Please choose your own design and fabric.

Pattern: Your own choice, pieced, quilted or appliquéd. "Orphan squares" welcome!

Pillow Front: Size 18 ½ x 18 ½ (½ inch seam allowance)

Pillow Back: Cut 2 14 ½ x 18 ½ rectangles.

On 14 ½ side, turn back ¼ inch and press, then fold 2 inches, press and stitch.

Overlap finished edges to make 18 ½ inch square.

Baste overlap ¼ inch from the edge to secure.

With right sides together stitch top to back then turn right side out.

Sign your first name on a SHH fabric label and sew the label onto the back flap of the pillow. This adds a welcome personal touch.

Drop-off:

Pillow covers are collected in May or you may bring them to any WMQG meeting. If you have any questions, please contact WMQG member and Pillow Partner volunteer advisor, Beth Hoppe at 616-893-4389 or bhoppe75@gmail.com.

You may also drop them off weekdays between 8am -5pm at the Spectrum Health Hospice office located at 4500 Breton SE Grand Rapids 49508.

Thank you,

Yvonne Elliott, Marcia Good, and Sue Milanowski

Coordinators, Spectrum Health Hospice and Palliative Care Volunteer Services

hospice.volunteers@spectrumhealth.org