

ACTIVITY APRONS

Clinical Staff suggestions for customizing Activity Aprons for hospice patients with Dementia

- Make simpler apron that is appropriate for both men and women, using less fabric (like apron for grilling – similar to **Simplicity pattern 2555**) –or a waist style apron.
- Add button holes for buttons to be buttoned
- Use heavier material for tying bows and knots
- Additional strings with large-sized beads that they can move up and down the string
- Neutral colors for males
- Add beany baby on a string to be patted and tucked into pocket
- Add something to lace up, attaching the string to apron so it can't be removed
- Add fur on inside of pocket
- Have bow made of substantial fabric such as thick shoestring
- Make sure all is washable
- Sew on a couple washcloths for folding. Perhaps attached to elastic?
- Put noisy – jingly things attached (perhaps add a bell to beany baby or use squeaky squeeze baby toy)
- Tactile items – fabric – bumpy, silky, fuzzy, fleecy, or shaggy
- Most users will be in wheelchairs – be sure items can be reached comfortably while seated
- Label, label, label! Put a couple SHH fabric labels on the back and another on the front
- For men add nuts, bolts, ties, belts, or other appropriate accessories

